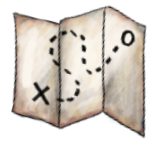




HOW TO CREATE A BLUE SPACE IN YOUR SCHOOL



FIVE SIMPLE STEPS



1. CHOOSE WHERE YOU'LL CREATE YOUR SPACE

This can be anywhere in the school (or at home) - a classroom, in the library, a small section of corridor, or even in a cloakroom. A space where students and teachers alike can go and feel connected to the sea.

2. DESIGN YOUR BLUE SPACE

Once you've decided where your Blue Space will be, start sketching out how it will look. Will you hang a blue sheet from the ceiling? Can you stick ocean themed images on the wall? Think about the feeling you want to create in your Blue Space - does it need a place to sit and relax? Can you play some ocean sounds in there?

3. GATHER YOUR RESOURCES

Now you have a plan it's time to get everything you need to make your Blue Space. Here's our advice - Try to use as much upcycled material as possible. You don't need to go out and buy anything new. Hunt around for all things blue!

4. BUILD/CREATE/MAKE YOUR BLUE SPACE

Here's the fun part - creating your Blue Space! Each day, during the 1pm session, we'll be sharing creative activities to help design & build your Blue Space. Just head to our website to find the sessions for each day.

5. MAKE A BLUE SPACE ACTIVITY LIST

Congratulations - You've got an amazing space in your school specially designed to help you feel connected to the ocean! How about putting together a list of things to do in your space and displaying it so students can pick & choose. We love to listen to ocean sounds, practice some breath work, maybe even try out a little yoga whilst dreaming of being by the sea!

