

AGES 5-7



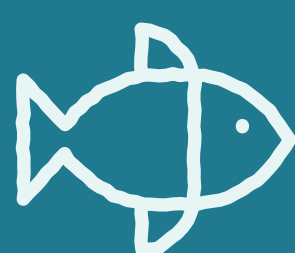
WORLD OCEAN DAY PLANNER

We've curated some of the best learning resources from leading organisations around the world to help make your World Ocean Day experience the best it can be. Here are some suggestions for a day plan that will take you on a journey through cities, down streams, rivers and into the deep blue ocean! Dive in and pick 'n' mix from loads more resources at www.worldoceanday.school

worldoceanday.school

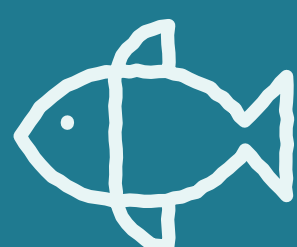
[#weareocean](https://twitter.com/weareocean)

CONNECTION TO WATER & IMPACT ON THE OCEAN



9:00AM WORLD OCEAN DAY ASSEMBLY

Get the day flowing with an assembly for the ocean. Head over to worldoceanday.school/film to watch our short film.

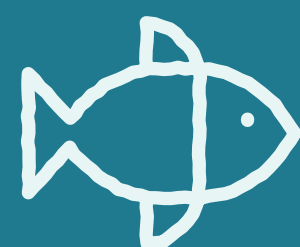


9:30AM CONNECT WITH YOUR BLUE MIND

Being in, on, under or near water is great for your wellbeing. [Watch this video](#) and [explore what it means to be blue minded](#).

10:30AM OUR WONDERFUL OCEANS

Did you know that oceans make up most of our planet's surface? In [this lesson](#) you'll deep dive into the 5 different oceans and meet some iconic sea creatures who call the ocean their home.



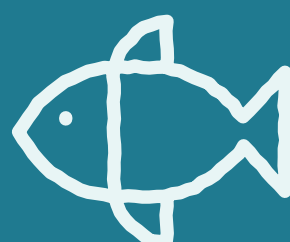
11:30AM A DAY IN THE LIFE OF A MARINE ANIMAL

What happens when a hermit crab needs to move house? Or a seahorse needs to meet up with their friends? It's for you to decide! What would you do [if you lived underwater for a day](#)?



12:30PM LUNCH

Why not try and run a plastic free lunch?

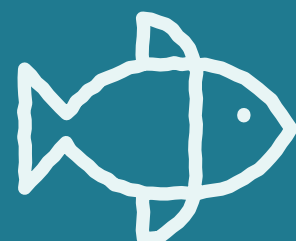


1:30PM OUR OCEANS ARE IN CRISIS

Our oceans are in deep water over plastics. Who's going to save them? [Learn about real ocean heroes](#) and what you can do to be one too!

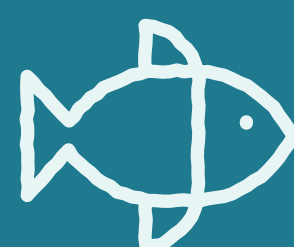
2:00PM ENDANGERED SPECIES ORIGAMI

Some of the earth's most endangered animals are ocean creatures. Get creative and [make your own animals out of paper](#). Then spread the word that they need our help!

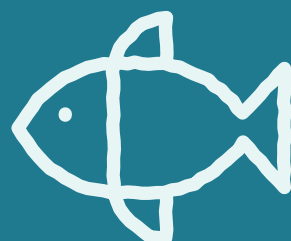


2:30PM WRITE A POSTCARD TO THE OCEAN

If you could [write to the ocean](#), what would you tell it? Maybe you have a memory you want to share or story you want to tell?



LOBSTERS PEE OUT OF THEIR FACES



3:00PM DRINK A GLASS OF WATER & THANK THE OCEAN!

You must be thirsty after all that fun. Have a glass of water and think about all the places that water has travelled to be in your glass. We have the ocean to thank!

